



PROGRAMS

WITH ACCOMMODATION

*MARCH TO NOVEMBER: ON FULL BOARD
LOCAVORE R70*

— FOR YOUR BODY

DETOX YOUR BODY
DEEP DETOX
REGAIN YOUR POWER

— FOR YOUR BEAUTY

RENEW YOURSELF
EMBRACE YOUR BEAUTY
RESHAPE YOUR BODY
IN THE WORLD OF BEAUTY

— FOR YOUR MIND

FIND YOUR PLEASURE

— FOR YOUR WEEKEND

FAMILY WEEKEND
HEALTHY GETAWAY



— FOR YOUR SUMMER

DETOX YOUR BODY
DEEP DETOX
REGAIN YOUR POWER

RENEW YOURSELF
EMBRACE YOUR BEAUTY
IN THE WORLD OF BEAUTY

FIND YOUR PLEASURE

OXYGEN THERAPY
SPA FOR YOURSELF

PROGRAMS ONLY

*MAY TO SEPTEMBER: ACCOMMODATION BOOKABLE
SEPARATELY ON ULTRA ALL-INCLUSIVE*

OUR PROGRAMS FOR YOUR BODY



DETOX YOUR BODY

7 Days

1250-1400 kcal Diet

28 Treatments

**Accommodation in a
Sea view room included**

Starting from **532€**/per person

DEEP DETOX

7 Days

850-1050 kcal Diet

31 Treatments

**Accommodation in a
Sea view room included**

Starting from **560€**/per person

REGAIN YOUR POWER

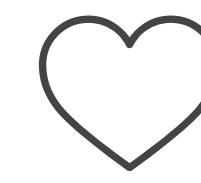
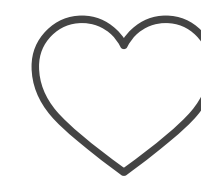
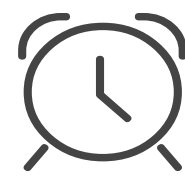
7 Days

Movement Therapy

21 Treatments

**Accommodation in a
Sea view room included**

Starting from **406€**/per person



MINUTES

DETOX YOUR BODY

DEEP DETOX

CONSULTATION			1
METABOLIC TEST		1	1
MUD/FANGO APPLICATION (PARTIAL)	25	3	3
HERBAL HYDROMASSAGE BATHTUB	20	2	2
MASSAGE (PARTIAL)	20	3 / HERBAL	3 / ANTI CELLULITE
DOUCHE CHARCOT (BEFORE MASSAGE)	20	3	3
BODY WRAP WITH ALGAE (DRY FLOATATION BED)	20		2
DETOX FOOT PADS (HERBAL)		3	5
COLON HYDROTHERAPY (AFTER DOCTOR'S PERSCRIPTION)	50	1	1
INHALATION (WITH SEA WATER)	10	5	3
PRESSOTHERAPY	20	1	1
LYMPHATIC DRAINAGE	20	1	1
TEA		5 / HERBAL	5 / DETOX

Starting from 532€/per person

Starting from 560€/per person


MINUTES


REGAIN YOUR POWER
(7 DAYS)


REGAIN YOUR POWER
(14 DAYS)


REGAIN YOUR POWER
(21 DAYS)

DOCTOR'S CONSULTATION

1

2

3

PHYSIOTHERAPY TREATMENTS

15

5

10

15

MUD/FANGO APPLICATION (PARTIAL)

25

3

5

8

HYDROMASSAGE BATHTUB

20

2

5

7

MASSAGE (PARTIAL)

20

3

5

8

WARM BODY WRAP WITH LYE
(OR COLD APPLICATION WITH CHESTNUTS)

20

2

5

7

THERAPEUTIC GROUP WATER GYMNASTICS

20

5

10

15

Starting from **406€**
/per person

Starting from **798€**
/per person

Starting from **1134€**
/per person



OUR PROGRAMS FOR YOUR BEAUTY

RENEW YOURSELF

5/7 Days

5/10 Treatments

Accommodation in a
Sea view room included

Starting from **325€/434€** per person

EMBRACE YOUR BEAUTY

7 Days

16 Treatments

Accommodation in a
Sea view room included

Starting from **420€**/per person

RESHAPE YOUR BODY

5 Days

8 Treatments

Accommodation in a
Sea view room included

Starting from **325€**/per person

OUR PROGRAMS FOR YOUR BEAUTY

IN THE WORLD OF BEAUTY

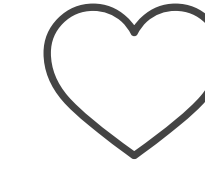
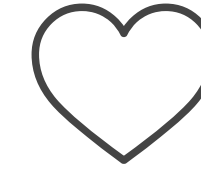
7 Days

10 Treatments

Accommodation in a
Sea view room included

Starting from **413€**/per person





MINUTES

**RENEW YOURSELF
(5 DAYS)**

**RENEW YOURSELF
(7 DAYS)**

WHOLE BODY EXFOLIATION

15

1

1

SEAWEED BATH (+ORGANIC TEA)

30

2

2

FULL BODY MASK

30

1

**DELUXE FACE THERAPY WITH LAMINARIA
(BACK MASSAGE + FACE THERAPY)**

90

1

BACK OR ANTI CELLULITE MASSAGE

30

1

**OCEAN ESSENCE LAMINARIA PACK ZONE MASK
(HIPS AND ABDOMEN OR BACK AND HANDS) + SCALP MASSAGE**

45

1

1

FACIAL MASSAGE (INCLUDING PEELING)

35

1

ALGAE FACE MASK (+SCALP MASSAGE)

25

1

BODY AND FACE MASSAGE

90

1

**RESTORATIVE ANTI-AGE FACIAL THERAPY
(WITH LAMINARIA)**

75

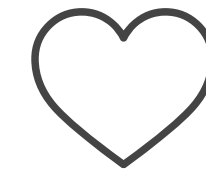
1

Starting from **325€**/per person

Starting from **434€**/per person



MINUTES



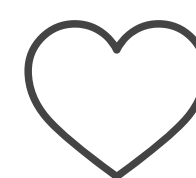
EMBRACE YOUR BEAUTY

FULL BODY WRAP WITH SEAWEED (DRY FLOATATION BED)	30	3
AROMATHERAPEUTIC HYDROMASSAGE BATHTUB	15	2
PRESSOTHERAPY	20	3
SEAWEED THERAPY	20	2
FULL BODY PEELING	25	1
HERBAL TEA		5

Starting from 420€/per person



MINUTES



RESHAPE YOUR BODY

ANTI CELLULITE OR SPORTS MASSAGE	25	2
AROMA BATH	20	1
PRESSOTHERAPY OR VACUUM MASSAGE	25	2
DETOX TEA		3

Starting from **325€**/per person



MINUTES



IN THE WORLD OF BEAUTY

FULL BODY PEELING (TIGHTENING SKIN EFFECT)	25	2
HYDROMASSAGE BATHTUB	20	2
PRESSOTHERAPY	20	2
MASSAGE (PARTIAL)	20	1
HEAD & FACE MASSAGE	20	1
FACE MASK (LIFTING EFFECT)	20	2

Starting from 413€/per person

OUR PROGRAMS FOR YOUR MIND

FIND YOUR PLEASURE

7 Days

15 Treatments

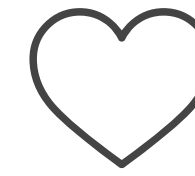
**Accommodation in a
Sea view room included**

Starting from 434€/per person





MINUTES



FIND YOUR PLEASURE

**MUD/FANGO PARTIAL APPLICATION +
DOUCHE CHARCOT**

50

2

INHALATION WITH HERBS

20

2

AROMA MASSAGE

30

1

FULL BODY PEELING

30

1

PARTIAL MASSAGE (HEAD & FEET)

20

2

FACE THERAPY

20

1

SEAWEED THERAPY

20

1

DETOX TEA

5

Starting from 434€/per person

OUR PROGRAMS FOR YOUR WEEKEND

FAMILY WEEKEND

2 Days

**5 Treatments:
Treat for everybody**

**Accommodation in a
Sea view room included**

Starting from 134€/per person



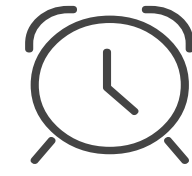
HEALTHY GETAWAY

1 Day

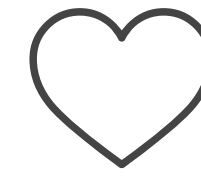
1 Treatment

**Accommodation in a
Sea view room included**

Starting from 72€/per person



MINUTES



FAMILY WEEKEND

AROMA BATH

20

1

FOR MOM

FACE MASK (IN DRY FLOATATION BED)

20

1

FOR MOM

SPORTS MASSAGE

25

1

FOR DAD

PRESSOTHERAPY OR VACUUM MASSAGE

25

1

FOR DAD

BABY AROMA MASSAGE & REFRESHING SMOOTHIE

25

1

KIDS JOY

OR

FIRST BEAUTIFYING PROCEDURE (MASK & FACE MASSAGE)

35

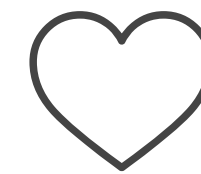
1

FOR TEENS

Starting from 134€/per person



MINUTES



HEALTHY GETAWAY

ORGANIC SEAWEED BATH (+SCALP MASSAGE)

50

1

OR

**ANTI CELLULITE MASSAGE & LAMINARIA ORGANIC
ALGAE FOR HADS OR BACK**

50

1

DETOX TEA

1

Starting from 72€/per person



OUR PROGRAMS FOR YOUR SUMMER

MAY TO SEPTEMBER:
ACCOMMODATION BOOKABLE SEPARATELY
ON ULTRA ALL-INCLUSIVE

DETOX YOUR BODY

5/10 Days

1250-1400 kcal Diet

(REPLACES THE 24 ULTRA ALL-INCLUSIVE PACKAGE)

33/63 Treatments

Accommodation not included

269/384€ per person

DEEP DETOX

5 Days

850-1050 kcal Diet

(REPLACES THE 24 ULTRA ALL-INCLUSIVE PACKAGE)

36 Treatments

Accommodation not
included

289€ per person

REGAIN YOUR POWER

5/10/15 Days

Movement Therapy

21/42/63 Treatments

Accommodation not
included

154/289/384€
per person



MINUTES



DETOX YOUR BODY
(5 DAYS)



DETOX YOUR BODY
(10 DAYS)



DEEP DETOX

CONSULTATION

1

1

METABOLIC TEST

1

1

1

MED/FANGO APPLICATION (PARTIAL)

25

3

6

3

HERBAL HYDROMASSAGE BATHTUB

20

2

4

2

MASSAGE (PARTIAL)

20

3 / HERBAL

5 / HERBAL,

3 / ANTI CELLULITE

DOUCHE CHARCOT (BEFORE MASSAGE)

20

3

5

3

BODY WRAP WITH ALGAE (DRY FLOATATION BED)

20

3

7

2

DETOX FOOT PADS (HERBAL)

50

1

1

1

COLON HYDROTHERAPY (AFTER DOCTOR'S PERScription)

10

5

10

3

PRESSOTHERAPY

20

1

1

1

LYMPHATIC DRAINAGE

20

1

2

1

TEA

5

10

5

5

GROUP TRAINING WITH INSTRUCTOR
(GRIFID SPECIAL WELL-FIT PROGRAM)

30

5





10

5

269€ / Per person

384€ / Per person

289€ / Per person

	 MINUTES	 REGAIN YOUR POWER (5 DAYS)	 REGAIN YOUR POWER (10 DAYS)	 REGAIN YOUR POWER (15 DAYS)
DOCTOR'S CONSULTATION		1	2	3
PHYSIOTHERAPY TREATMENTS	15	5	10	15
MUD/FANGO APPLICATION (PARTIAL)	25	3	5	8
HYDROMASSAGE BATHTUB	20	2	5	7
MASSAGE (PARTIAL)	20	3	5	8
WARM BODY WRAP WITH LYE (OR COLD APPLICATION WITH CHESTNUTS)	20	2	5	7
THERAPEUTIC GROUP WATER GYMNASTICS	20	5	10	15
		154€ / Per person	289€ / Per person	384€ / Per person



OUR PROGRAMS FOR YOUR SUMMER

MAY TO SEPTEMBER:
ACCOMMODATION BOOKABLE SEPARATELY
ON ULTRA ALL- INCLUSIVE

RENEW YOURSELF

3/5 Days

5/10 Treatments

**Accommodation not
included**

139/179€ per person

EMBRACE YOUR BEAUTY

5 Days

16 Treatments

**Accommodation not
included**

169€ per person

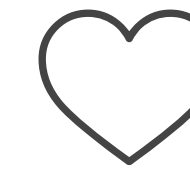
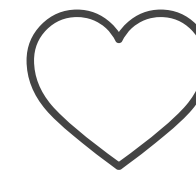
IN THE WORLD OF BEAUTY

5 Days

10 Treatments

**Accommodation not
included**

159€ per person



MINUTES

**RENEW YOURSELF
(3 DAYS)**

**RENEW YOURSELF
(5 DAYS)**

WHOLE BODY EXFOLIATION

15

1

1

SEAWEED BATH (+ORGANIC TEA)

30

2

2

FULL BODY MASK

30

1

**DELUXE FACE THERAPY WITH LAMINARIA
(BACK MASSAGE + FACE THERAPY)**

90

1

BACK OR ANTI CELLULITE MASSAGE

30

1

**OCEAN ESSENCE LAMINARIA PACK ZONE MASK
(HIPS AND ABDOMEN OR BACK AND HANDS) + SCALP MASSAGE**

45

1

1

FACIAL MASSAGE (INCLUDING PEELING)

35

1

ALGAE FACE MASK (+SCALP MASSAGE)

25

1

BODY AND FACE MASSAGE

90

1

**RESTORATIVE ANTI-AGE FACIAL THERAPY
(WITH LAMINARIA)**

75

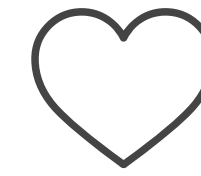
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139€ / per person

179€ / per person



MINUTES



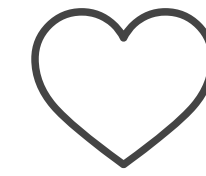
EMBRACE YOUR BEAUTY

FULL BODY WRAP WITH SEAWEED (DRY FLOATATION BED)	30	3
AROMATHERAPEUTIC HYDROMASSAGE BATHTUB	15	2
PRESSOTHERAPY	20	3
SEAWEED THERAPY	20	2
FULL BODY PEELING	25	1
HERBAL TEA		5

169€ / per person



MINUTES



IN THE WORLD OF BEAUTY

FULL BODY PEELING (TIGHTENING SKIN EFFECT)	25	2
HYDROMASSAGE BATHTUB	20	2
PRESSOTHERAPY	20	2
MASSAGE (PARTIAL)	20	1
HEAD & FACE MASSAGE	20	1
FACE MASK (LIFTING EFFECT)	20	2

159€ / per person

OUR PROGRAMS FOR YOUR SUMMER

MAY TO SEPTEMBER:
ACCOMMODATION BOOKABLE SEPARATELY
ON ULTRA ALL- INCLUSIVE

OXYGEN THERAPY

6 DAYS x 40MIN.

or

12 DAYS x 20MIN.

Accommodation not
included

199€ per person

SPA FOR YOURSELF

1 DAY BODY THERAPY

Hydro-massage bathtub, body
peeling and partial massage

Accommodation not
included

34€ per person

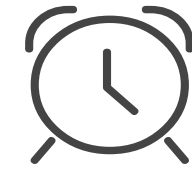
FIND YOUR PLEASURE

5 Days

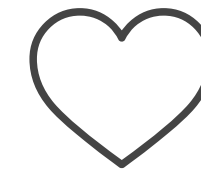
18 Treatments

Accommodation not
included

179€ per person



MINUTES



FIND YOUR PLEASURE

**MUD/FANGO PARTIAL APPLICATION +
DOUCHE CHARCOT**

50

2

INHALATION WITH HERBS

20

2

AROMA MASSAGE

30

1

FULL BODY PEELING

30

1

PARTIAL MASSAGE (HEAD & FEET)

20

2

FACE THERAPY

20

1

SEAWEED THERAPY

20

1

DETOX TEA

5

YOGA/MEDITATION SESSION

3

179€ / per person

PRICE LIST

PROGRAM + ACCOMMODATION

PROGRAM	STAY PERIOD	FOR YOUR BODY	FOR YOUR BEAUTY	FOR YOUR MIND	Single room sea view
		rate per person in DBL Sea view (min 2; max:2+1)			(min-max:1)
DETOX YOUR BODY	20.03-13.06/11.09-31.10	76 €			81 €
Min stay 7 days	14.06-05.07/26.08-10.09	111 €	-	-	126 €
	06.07-25.08	128 €			158 €
DEEP DETOX	20.03-13.06/11.09-31.10	80 €			85 €
Min stay 7 days	14.06-05.07/26.08-10.09	115 €	-	-	130 €
	06.07-25.08	132 €			162 €
REGAIN YOUR POWER	20.03-13.06/11.09-31.10	58 €			63 €
Min stay 7 days	14.06-05.07/26.08-10.09	93 €	-	-	108 €
	06.07-25.08	114 €			140 €
REGAIN YOUR POWER	20.03-13.06/11.09-31.10	57 €			62 €
Min stay 14 days	14.06-05.07/26.08-10.09	92 €	-	-	107 €
	06.07-25.08	109 €			139 €
REGAIN YOUR POWER	20.03-13.06/11.09-31.10	54 €			59 €
Min stay 21 days	14.06-05.07/26.08-10.09	89 €	-	-	104 €
	06.07-25.08	106 €			136 €
RENEW YOURSELF	20.03-13.06/11.09-31.10		65 €		70.00 €
Min stay 5 days	14.06-05.07/26.08-10.09	-	100 €		115 €
	06.07-25.08		117 €		147 €

- All prices are per person/per night
- Full Board LOCAVORE MENU R 70
- DETOX YOUR BODY – Full Board Detox 1250-1400 kcal Diet
- DEEP DETOX – Full Board Detox 850-1050 kcal Diet

PRICE LIST

PROGRAM + ACCOMMODATION

PROGRAM	STAY PERIOD	FOR YOUR BODY	FOR YOUR BEAUTY	FOR YOUR MIND	Single room sea view
		Rate per person in DBL Sea view (min 2; max:2+1)			(min-max:1)
RENEW YOURSELF	20.03-13.06/11.09-31.10		62 €		67 €
Min stay 7 days	14.06-05.07/26.08-10.09	-	97 €		112 €
	06.07-25.08		114 €		144 €
EMBRACE YOUR BEAUTY	20.03-13.06/11.09-31.10		60 €		65 €
Min stay 7 days	14.06-05.07/26.08-10.09	-	95 €		110 €
	06.07-25.08		112 €		142 €
RESHAPE YOUR BODY	20.03-13.06/11.09-31.10		65 €		70 €
Min stay 7 days	14.06-05.07/26.08-10.09	-	100 €		115 €
	06.07-25.08		117 €		147 €
IN THE WORLD OF BEAUTY	20.03-13.06/11.09-31.10			59 €	64 €
Min stay 7 days	14.06-05.07/26.08-10.09			94 €	109 €
	06.07-25.08			111 €	141 €
FIND YOUR PLEASURE	20.03-13.06/11.09-31.10			62 €	67 €
Min stay 7 days	14.06-05.07/26.08-10.09			97 €	112 €
	06.07-25.08			114 €	144 €
FAMILY WEEKEND	20.03-13.06/11.09-31.10			67 €	-
Min stay 2 days	14.06-05.07/26.08-10.09			102 €	-
	06.07-25.08			119 €	-
HEALTHY GETAWAY	20.03-13.06/11.09-31.10			72 €	77 €
	14.06-05.07/26.08-10.09			107 €	122 €
	06.07-25.08			124 €	154 €

- All prices are per person/per night
- Full Board LOCAVORE MENU R 70
- DETOX YOUR BODY – Full Board Detox 1250-1400 kcal Diet
- DEEP DETOX – Full Board Detox 850-1050 kcal Diet

PRICE LIST

PROGRAM ONLY: FOR YOUR SUMMER

MAY TO SEPTEMBER: ACCOMMODATION BOOKABLE SEPARATELY ON ULTRA ALL-INCLUSIVE

PROGRAM	FOR YOUR BODY	FOR YOUR BEAUTY	FOR YOUR MIND	FOR YOUR WEEKEND
DETOX YOUR BODY	5 DAYS / FROM 269 € 10 DAYS / FROM 384 €	—	—	—
DEEP DETOX	5 DAYS / FROM 289 €	—	—	—
REGAIN YOUR POWER	5 DAYS / FROM 154 € 10 DAYS / FROM 289 € 15 DAYS / FROM 384 €	—	—	—
RENEW YOURSELF	—	3 DAYS / FROM 139 € 5 DAYS / FROM 179 €	—	—
EMBRACE YOUR BEAUTY	—	5 DAYS / FROM 169 €	—	—
IN THE WORLD OF BEAUTY	—	5 DAYS / FROM 159 €	—	—
OXYGEN THERAPY	—	6/12 DAYS / FROM 199 €	—	—
FIND YOUR PLEASURE	—	—	5 DAYS / FROM 179 €	—
SPA FOR YOURSELF	—	—	—	1 DAY / FROM 34 €

** All prices are per person for the health package only*